

EASTERN EXPRESS SWIM TEAM

Technique/Conditioning/ Race Clinic Registration

Swimmer's Name _____

Option 1

Technique / Conditioning and all Race Clinics included (5:15 – 7:00 pm)

Cost: \$200

Please return this form with your check made payable to Express Sports Inc.

No later than July 3rd

Option 2

Race Clinic Only: (6:15 – 7:00 pm)

**If you know the clinics you will be attending, please circle and return
\$25 per session (pay by check by July 3rd or cash as you go)**

Mondays: July 1st July 8th July 15th July 22nd

Wednesdays: July 3rd July 10th July 17th July 24th

Friday: July 19th Starts July 19th Turns